

DAY 1: EXPLORE FORESTED MOUNTAINS DOTTED WITH MONASTERIES AND TEMPLES ON ROUTE TO THIMPHU

A gentle walk through the city with afternoon visits to museums and chortens offers a window into the ancient culture, before a night at hotels in Thimphu

DAY 2: THIMPHU VALLEY – HOME TO THE SEAT OF BHUTAN’S ROYAL GOVERNMENT AND A MONASTIC ASTROLOGY ACADEMY

An invigorating walk crosses one of the country’s oldest cantilever bridges to Cheri Goemba, where the kingdom of Bhutan’s first community of monks was based

DAY 3: ARRIVE AT THE DOCHU LA MOUNTAIN PASS ENROUTE TO PUNAKHA VALLEY, STOPPING AT ONE OF BHUTAN’S FIRST FORTRESS MONASTERIES

Visit to the village of Talo, home to the Queen Mother’s protective deity, then take an afternoon hike and overnight at Punakha

DAY 4: HIKE ALONGSIDE THE RIVER MO CHHU, THROUGH TIERED PADDIES TO A CHORTEN BUILT BY THE QUEEN MOTHER

Picnic on the banks of the River Punakha, near the winter homes of the royal family, and after that visiting the village of Lobesa and the Chimi lhakhang

DAY 5: WIND THROUGH THE WANG AND PARO RIVER VALLEYS TO PARO,

Explore nearby ruins as well as some of the valley’s oldest and holiest religious monuments, followed by an evening walk in Paro town.

DAY 6: DISCOVER ARTEFACTS DATING BACK TO 4000 BCE AT THE NATIONAL MUSEUM

Visits to Kyichu and Dumtse temples offer cultural discovery, while a gentle walk past Drukgyal Dzong leads along the River Paro through forests and tiered fields

DAY 7: A MORNING HIKE ASCENDS TO TIGER’S NEST – ONE OF BHUTAN’S MOST REVERED ANCIENT SITES

Experience astonishing views from the monastery, perched on a cliff 900 meters above the valley. Enjoy hot stone baths and spa in hotels in Paro. Next morning Departure from Paro airport.