

10 Nights 11 Days Tour

Our itinerary is generally longer and has more activities listed on each day. We have initially done so to cater to our travellers who are fast walkers/climbers or generally can complete each of them quickly. If you would like to linger or have a slower pace, please do so. You should discuss your itinerary with your guide and prioritize the attractions which you prefer the most. The wider options are also meant to provide you with potential options if you a change of mind during your trip. If you have enough of fortresses and dzongs, you may want to go for a trek. If you are feeling unwell, you may want to go for slower pace such as visiting the museum.

We suggest that you use your itinerary as a guide rather than a fixed schedule. Unexpected stuffs always happen in Bhutan. One of our travellers actually met the King of Bhutan while descending from Taktsang Monastery and stop to have a chat with him. Another one went to a Museum that is unexpectedly closed as the guard was home for a nap. As Bhutan has just opened up to the world, do not expect their service to be in the same standard as visiting a Museum in London. However, they are one of the friendliest and jolly people you would ever meet.

AMALOKA ADVENTURE ADVENTAGE

First 2 days in Bhutan Should there be any deficiency during your trip, do drop a note to the guide immediately, preferably during the first 2 days. It would be easier for us to change your guide, driver or vehicle when you are still in Thimphu or Paro should the need arise. We understand that Bhutan is often once in a lifetime trip, so we will try our best to remedy any deficiency on the spot.

Private Guided Tour This is an exclusive stay and you won't be combined with other groups during your stay. You don't have to be in a hurry throughout your private stay in Bhutan. Additionally, feel free to change your activities if you find something of interest while in Bhutan. You can, for example, drop by a village you pass by if you so wish. Consult your guide and he will be able to assist you. Your Hotels, Travel Management & Tips Your hotels will usually be confirmed within 2 weeks of your down payment.

Frequently Asked Questions:

Can we choose our preferred hotels? Yes, you can. We will check the availability of your preferred hotels for you if you have specific preference. Otherwise, we will choose the best hotel based on the experience of our travellers. Certain hotels may charge additional fee on top of the standard normal rate. Can we further customize the itinerary? Yes, that's possible. We will be able to adjust the itinerary according to your preference. We have also created a list of experiential activities which you can do while in Bhutan.



Day 1: PARO – THIMPHU Elevation 2,320m | Drive time 1 hour

Welcome to Bhutan, the Land of the Thunder Dragon. Touching down at Paro International Airport, you will be greeted by your guide upon exiting the arrival hall. Today, we will take it easy to acclimatise to the altitude. Drive to Thimphu, check in to the hotel and let's have your first taste of Bhutanese cuisine.

National Memorial Chorten [1 hr]

Meet the elderly generation in circumambulation at the National Memorial Chorten. Chorten means 'Seat of Faith' and Buddhists often call such monuments, the 'Mind of Buddha'. Treat yourself with the fantastic depiction of Buddhist teachings in the form of paintings and sculptures at this temple. As the name denotes this National Memorial Chorten was consecrated on July 28, 1974, in memory of the Third King.

Buddha Point [1 hrs]

Located at Kuenselphodrang Nature Park, the 169 feet bronze statue of Buddha Dordenma, Vajra Throne Buddha makes it one of the largest statues of Buddha in the world. The Buddha Dordenma symbolizes indestructibility, and it is said to emanate an aura of peace and happiness to the entire world. The Buddha statue will be completed soon, currently waiting for the completed paintings but visitors can drive up to the Buddha point and view the tallest statue of Lord Buddha. The view of Thimphu valley from the Buddha point is spectacular and beautiful, especially at night.

Centenary Farmers' Market [1.5 hrs] -

Most of the Thimphu population congregate on the banks of Wangchhu River where the weekend market is held. Villagers from the Valley and other nearby places come to sell their wide range of agriculture products in the market. The market is by far the largest domestic market in Bhutan. A visit to the market provides great photo opportunities, as well as the chance to mingle with local people and perhaps buy souvenirs. [Operating hour: Every Fridays to Sundays 07:00 AM - 07:00 PM]

Tashichhodzong (Thimphu Dzong) [1 hr] -

The "fortress of the glorious religion" was initially constructed in 1641 and restored by the Third King Jigme Dorji Wangchuck in the 1960s. Tashichhodzong houses some ministries, His Majesty's secretariat, and the central monk body.

Opening hour: Weekday 05:00 PM - 06:00 PM Weekend 09:00 AM - 06:00 PM Winter 04:00 PM - 06:00 PM

Walk Around Thimphu Town [1 hr] - Shop and walk around Thimphu town

Day 2: THIMPHU SIGHTSEEINGS



Elevation 2,320m |

Thimphu is the centre of government, religion and commerce. The capital has an interesting combination of tradition and modernity, and includes some of the most advanced and remotest parts of the kingdom. It is home to the Kings and the Royal family members, civil servants, expatriates, politicians, business persons and monks. Enjoy this cultural mix based on livelihood. Of culture we will take you through temples, dzongs, chortens, museums, handicraft stores, nunneries, parks and many more. Allow yourself to meet both traditional and contemporary artist.

Simply Bhutan [1 hrs] -

A living museum and a photo studio with a mission to engage and empower youth entrepreneurs through preservation, promotion and showcasing of Bhutanese tradition and cultural diversity. [Opening hour Summer 09.00 AM - 17.00 PM, Winter 10.00 AM - 16.00 PM]

Paper Making Factory [1 hrs] -

The paper factory uses traditional methods to produce the authentic Bhutanese paper known as Deh-sho. Located 1 km from Thimphu City. The factory uses the bark of two tree species, the Daphne tree and Dhekap tree in the manufacture of traditional paper. Visitors can observe the entire process of producing handmade paper.

Changangkha Monastery [1 hr] -

Built in the 12th century, Changangkha Lhakhang is the oldest temple in Thimphu. It is hovering over a ridge above Thimphu, near Motithang. Lama Phajo Drukgom Zhigpo, who came to Bhutan from Ralung in Tibet, chose this site to build this Lhakhang. The Lhakhang houses Chenrizig: an 11-headed, thousand-armed manifestation of Avolokitesawara as the central statue.

Simtokha Dzong [0 hrs] –

Five miles from Thimphu, on a lofty ridge, stroll through the very first dzong, built in 1627 by Shabdrung Ngawang Namgyal. The Institute for Language and Cultural Studies is located here now. Enthral yourself with the most noteworthy artistic feature in from of over 300 finely worked slate carvings behind the prayer wheels in the courtyard.

Post Office [0 hrs] -

Visit the post office in Thimphu to get customized stamps or to mail cards to your friends and relatives

VAST Bhutan [2 hrs] –

Voluntary Artists' Studio, Thimphu, popularly known as VAST was set up in 1998 by a group of professional artists as a non-profitable and non-governmental organization (NGO). This informal organization was set up with the sole aim of providing an opportunity to the Bhutanese youth to participate and develop their potential talents as well as share social responsibilities through artistic explorations and other socially useful and productive work. Its primary objective is to provide potential vocational skills and alternative positive use of free time and facilitate participation in the national and international art realm. Hotels in Thimphu

Day 3: THIMPHU – PUNAKHA Elevation 1200m 3hrs drive



We will set off early from Thimphu after breakfast. Then proceed to Punakha, the ancient capital of Bhutan, about 2 1/2 hours drive from Thimphu across Dochu-la pass. Once you cross the pass, you wind down into a warm fertile valley and meander along a gently flowing aquamarine river that leads you to the Punakha Dzong, the second dzong to be built in Bhutan.

Dochula Pass [2 hrs] - At 3,050 meter,

This beautiful pass located on the way to Punakha from Thimphu offers a stunning 360degree panoramic view of Himalayas mountain range with its 108 chortens that was built by Her Majesty The Queen Mother Ashi Dorji Wangmo Wangchuck. The pass is also a popular spiritual destination for both locals and tourists.

Chhimi Lhakhang [2 hrs] –

The Divine Madman, Drukpa Kinley is a famous teacher with whom the phallic symbol is associated. Tales told by your guide would have excited you to visit Chhimi Lhakhang. The Divine Madman sits there though a statue this time. Do not miss the master's deeds painted on the walls. Japanese and several American couples visited this temple and were blessed miraculously with children. Ask yourself, do I need this Fertility Tour or not?

Punakha Dzong [2 hrs] –

Placed strategically at the junction of the Pho Chu and Mo Chu rivers, the Dzong was built in 1637 by Zhabdrung Ngawang Namgyal to serve as the religious and administrative seat of the region. It was here that the dual system of government was introduced in the 17th century and in 1907, enthroned the first King Gongsar Ugyen Wangchuck. Damaged over the centuries by four catastrophic fires and an earthquake, the Dzong has been fully restored in the recent years by the 4th King Jigme Singye Wangchuck. At the Dzong enriches your trip with the opportunity to see the highest standards in woodwork. Do not miss the massive Kuenray, the Coronation Hall of all Bhutanese kings, the Dzongchung at the entrance to the Dzong and the cantilever bridge over the Mochu that has been recently renovated.

Pho Chhu Suspension Bridge [1 hr] -

The 160 metres Pho Chhu Suspension Bridge is known for the longest suspension bridge in Bhutan, which gives you spectacular views of Punakha Dzong and the Pho Chhu Valley.

<u>Day 4 Punakha – Trongsa</u> (Elevation 2200m) Driving time 4 hours



Today we will set of to Tronga the central part of Bhutan over the Pelela pass (3300m) where the largest dzong of Bhutan is located on the way visit.

Chendebji Chorten

This chorten was built by the lama from Tibet called lama siddha in 17th century ...who came to subdue the left over demons in the Himalaya region. One can get a good picture of the stupa (Chorten) of Nepali architecture After the lunch you can visit

Trongsa Dzong

This dzong is known as the largest dzong of Bhutan coz in olden days whenever the rulers changes, they kept on extending the size of dzong. This is the place where the strongest ruler of Bhutan stays and control the war of eastern n western. If people want to go to western part of Bhutan or from west to eastern part of Bhutan, they have to go through this dzong

Trongsa Ta dzong

Ta dzong means watch tower which contains the historical relics and the artefacts which belongs to the royal families. You can also watch a short documentary in this watch tower which will give you a brief history about the dzong and watch tower...dinner and over night in hotel.

<u>Day 5 Trongsa – Bumthang</u> (Elevation 2900m) Driving time 3 hours



After the breakfast set off to Bumthang, the most sacred place of Bhutan. This is the place where you will experience the real Bhutan. After the lunch you can visit

Jambay Ihakhang

The oldest temple of Bhutan which is from 7th century built by the Tibetan king call songtsen gembo. To subdue the ogress who was lying in the Himalayan region and stopping him from spreading Buddhism ...the legend says that he built 108 temples all over her body to pin her down... and this temple lies on her left ankle.

Kurjey Ihakhang

This temple holds the body imprints of Guru Padmasambhava who came to Bhutan in 8th century to cure the son of king of Bumthang called Sindhu raja. After visiting the temple if time permits take a walk to visit another temple which is on the opposite side of kurjey

Tamshing Ihakhang

built by the famous treasure discoverer of Bhutan called Tertoen Pema Lingpa. He is not only the treasure discoverer but also a carpenter. And beside that he is a great painter ... so it is said that the painting that you will see in this temple was all painted by himself...dinner n overnight in resort.

Day 06 Bumthang to Ura Valley Day Excursion (2hrs Drive)



Ura valley is one of the most beautiful valleys in the central part of Bhutan. After 90 minutes drive you will reach to a pass called Shetang la pass elevation approximately around 3200m and from there you can do a short hike to Ura valley which is around 90 minutes hike down. After reaching to Ura valley you can visit Ura Lhakhang.

Ura Ihakhang

Local name Ura Mang gi Lhakhang (Ura Villagers Temple) built in 1986 on the site of an old temple which was in bad condition. The two-storey high temple is constructed in traditional Bhutanese style and its dedicated to Guru Rinpoche (Guru Padmasambhava).

DAY 7. Bumthang to gangtey (phobjekha) 5hrs drive Elevation 2900m approximately



Gangtey is a winter home for the black necked cranes. These black necked cranes fly all the way from Tibetan plateau to Gangtey to spend their winter. They come to this valley in first week of November and fly back to Tibet in mid march.

1. After reaching to Gangtey you can visit Gangtey Goemba which dates back to 17th century.

2. Visit crane information centre if you can't get chance to see cranes.

DAY08 GANGTEY TO PARO (4hrs drive)



After your breakfast set off to Paro where the international airport is located. After you reach to Paro have your lunch in the restaurant and after the lunch you can visit the following places

- Rimpung Dzong (meaning heap of the Jewelleries) known as the third oldest dzong in Bhutan which was built in 1647 by Zhabdrung Ngawang Namgyel the unifier of Bhutan
- national museum of Bhutan which was constructed to defence Paro dzong n valley from Tibetan invasion but now it houses the antic of Bhutan and some religious artifacts
- 3. later in the evening take some walking the down town of Paro to buy some souvenirs to your friends and family.

DAY 09 PARO TO HAA (DAY EXCURSION) 3hrs drive



Today its going to be a leisure drive from the forest to Haa which was open to tourist in 2003 over the Chelela pass known as the highest pass in Bhutan (3988m). During the clear weather one can see the second highest mountain of Bhutan known as Jhomolhari (7314m) located in the boarder of Tibet and Bhutan. After stopping for some time to take picture and then continue your drive towards Haa valley. Once after reaching to Haa valley have your lunch and then visit.

- 1. Lhakhang Karpo (White Temple)
- 2. walk in the down town of Haa and the Later in the evening drive back to Paro for overnight.

DAY 10 TAKTSANG HIKE (6 hrs)



After the breakfast set off to Taktsang known as Tigernest which was founded in 8th century by the great master known as Guru Padmasambhava. The legend says that guru flew to this place on the back of a tiger and that tiger is believed to be one of his consorts and meditated in the cave for 3 months to subdue the local demon who was harming the people. After the hike walk back to car park and drive to visit the oldest temple of Bhutan known as Kichu Lhakhang built in 7th century by the Tibetan king Songtsen Gembo to subdue the hug ogress who was lying in the Himalayan region and was stopping him from spreading Buddhism in the Himalayan region.

Day 11 Departure



After the breakfast your guide n driver will drive you to the airport and will help you with exit formalities and wish you safe journey for your onward destination....